



Winning the Battle for the Mind Webinar Series

Did you know YOU ARE WHAT YOU THINK? That's what the Bible says! We are all engaged in a battle for our minds every day. And we'll never win the battle if we don't know how to fight the good fight. That's why our *Winning the Battle for the Mind* series is so important! This 7-part webinar series will help you understand how we can obey God's command to "be transformed by the renewing of our minds." You will learn how to recognize the four most prevalent patterns of wrong thinking (We call these 'Stinkin' Thinkin.'), and how God says we can win the battle for thinking right (being transformed).

For **each** session, click the Listening Guide (or copy/paste into your browser) to print fill-in-the-blank notes prior to watching the webinar. Then click the Webinar (or copy/paste into your browser) to watch the online workshop.

1. **How To Change Your Attitude** - Our attitudes, emotions and behavior are governed by our thinking. So when our train of thought is on the wrong track, our emotions take over and our lives are in turmoil. But if we change our thinking, we **will** change our attitudes. And that's a promise!

Webinar:

<http://gto.adobeconnect.com/attitude-change>

Listening Guide

<http://marriages.net/documents/change-attitude.pdf>

2. **Is It a Catastrophe or an Inconvenience?** - Is your favorite Stinkin' Thinkin' pattern to blow negative events all out of proportion and overlook the positive things in your life? This Webinar explores this attitude, and how "girding up the loins of your mind" will change your thinking.

Webinar:

<http://gto.adobeconnect.com/maximizing>

Listening Guide

<http://marriages.net/documents/catastrophe.pdf>

3. **It Really Is All About Me** - When something happens, do you think of the situation only in terms of how it affects you? This kind of thinking can really get you into trouble. But find out how Jeremiah learned to conquer 'It's all about me' thinking.

Webinar:

<http://gto.adobeconnect.com/all-about-me>

Listening Guide

<http://marriages.net/documents/all-about-me.pdf>



Battle for the Mind Webinar Series, cont.

4. **All or Nothing** - If it's not all good, then it's all bad...right? Does the least little snag ruin the whole day for you? Find out how to "take every thought captive to Jesus" and stop being defeated by 'All or Nothing.'

Webinar:

<http://gto.adobeconnect.com/all-nothing>

Listening Guide

<http://marriages.net/documents/all-or-nothing.pdf>

5. **I Think You Think I Think...** - Do you jump to conclusions and act on what you think you know? Then you probably jump right into trouble in your relationships. Discover how to avoid needless misery by putting on God's armor every day in this fifth session of our 6-part series.

Webinar:

<http://gto.adobeconnect.com/i-think-you-think>

Listening Guide

<http://marriages.net/documents/think-you-think.pdf>

6. **5 Sure-Fire Steps to Change the Way You Think** - We must change our Stinkin' Thinkin' if we want to have JOY. The final session of this series will give you five steps you must put into practice in order to think differently and develop a whole new attitude!

Webinar:

<http://gto.adobeconnect.com/steps-to-change>

Listening Guide

<http://marriages.net/documents/five-steps.pdf>

7. **How Does Jesus Do It?** - Jesus says that Isaiah 61 is who He is. HE is the One Who frees captives, Who opens the eyes of the blind, Who releases those who are bound by oppression. This is WHO He is! But HOW does He do it? This webinar gives you practical, understandable, every day ways He can do all this in YOUR life. Find out HOW

Webinar:

<http://gto.adobeconnect.com/how-does-jesus/>

Listening Guide

<https://marriages.net/documents/How-Does-Jesus-Do-It-LG.pdf>

Each session is approximately 1 hour long and comes with a fill-in-the-blank listening guide to help you follow along. Our on-demand format allows you to watch at your convenience. Biblically-based teaching, punctuated by humor and real-life applications, make these online marriage workshops effective tools in strengthening your marriage and all other relationships.