

**Please complete the first two pages before the Webinar
(Both Husband and Wife - takes about 10 minutes each)**

Enter a score of 4,3,2,1 across each line for the personality descriptions given. Place a 4 for your first choice, 3 for your second, 2 for third and 1 for fourth. The choices should be the best description of you, not what you desire or hope to be. The first line is an example of how to score.

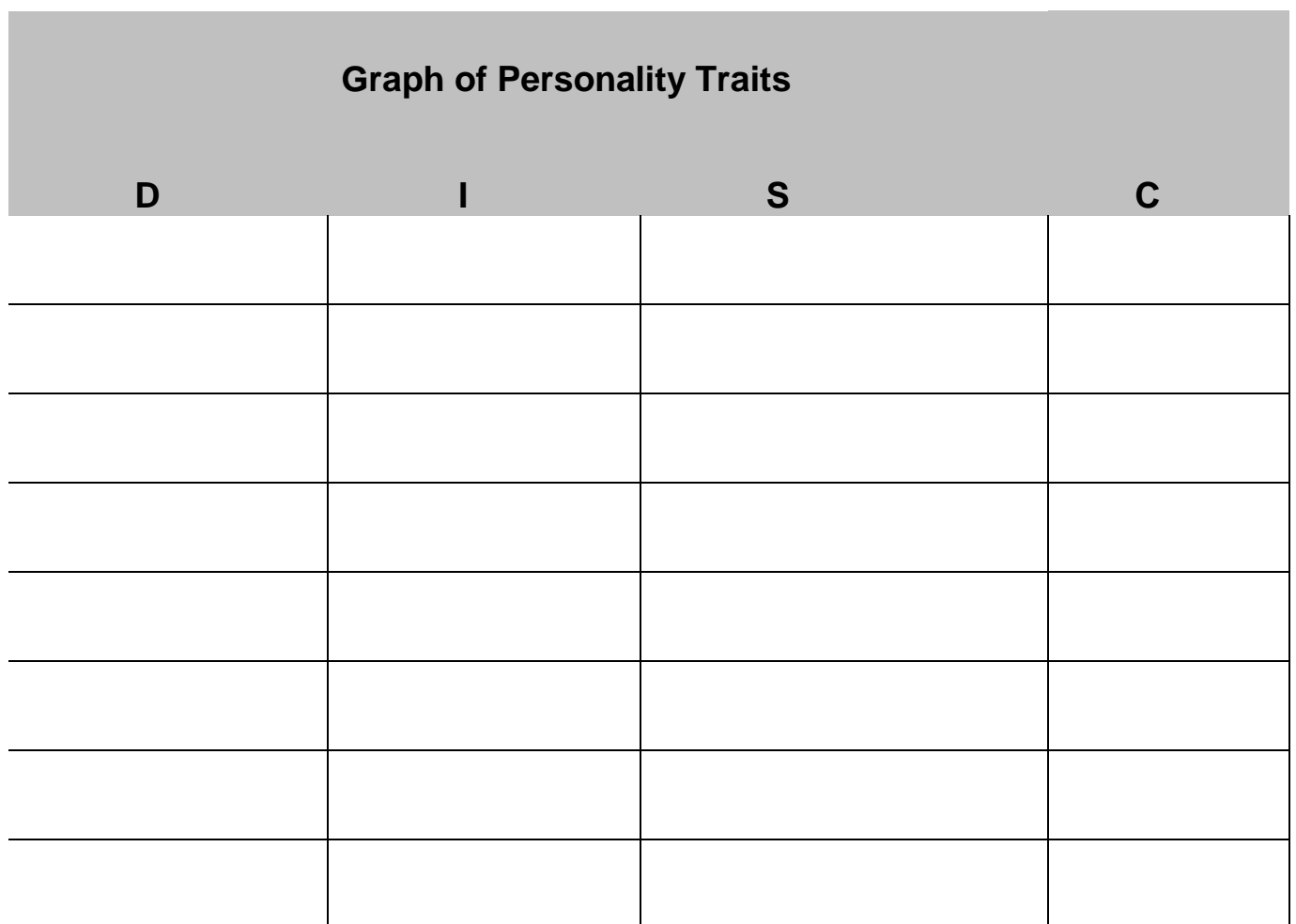
D		I		S		C		
Ex. ->	Delights in control	3	Gregarious	4	Compassionate	2	Hates changes	1

D		I		S		C		
1.	Decision-maker		Unstructured		Nurturing		Detail-oriented	
2.	Productive		Fun-loving		Avoids confrontation		Thorough	
3.	Determined		Inspirational		Peacemaker		Analytical	
4.	Daring		Likes variety		Kind/Understanding		Meticulous	
5.	Unwavering		Visionary		Calm, even keel		Steady	
6.	Problem solver		Enjoys esteem		Gives in to others		Factual	
7.	Takes charge		Takes risks		Devoted		Precise	
8.	Competitive		Promoter		Dislikes modifications		Realistic	
9.	Likes having authority		Passionate		Sensitive Feelings		Likes directions	
10.	Innovative		Enjoys conversations		Enjoys routine		Predictable	
	Total D		Total I		Total S		Total C	

TOTAL	
:	

After completing this test, total each of the four vertical columns. To make sure you added correctly, add the four totals together. The sum should be 100. If it is not, you have miscalculated one or more of the four columns.

Now, for each of your four scores (D,I,S,C) plot them on the graph below. The column with the highest score will be your dominant personality type and the column with the next highest score will be your sub-dominant personality type. The closer you are in score for all the four types, the closer to an even temperament person you should be. Often, however, there is a significant difference in the four scores with your dominant and sub-dominant personality traits standing out from the other two. When this is the case then partnering, or teaming up, with someone who is strong in those two weakest traits is very desirable.



Working with Different Personalities Relating to Couples Using DISC

PURPOSE



C

D

FOLLOWER



LEADER

S

I



PEOPLE

C



Competent
Cautious
Calculation
Complex
Critical

Hungers for:

_____ & _____

Reaction Phrase:

D



Dominator
Direct
Decisive
Doer
Driver

Hungers for:

_____ & _____

Reaction Phrase:

S



Steady
Supportive
Servants
Stable
Sucker

Hungers for:

_____ & _____

Reaction Phrase:

I



Influencer
Inspired
Involved
Interested
Impulsive

Hungers for:

_____ & _____

Reaction Phrase:

➤ THE LION - HIGH "D"



1. Outwardly Recognized As:

- 1) _____ – (Goal-Oriented)
- 2) Direct (Get to the point)
- 3) Not _____
- 4) Not easily intimidated
- 5) Don't _____ if you like it or not

2. Things Others Don't Realize About The High "D":

- 1) _____ (“There’s nothing I can’t do”)
- 2) What I want most is _____

3. The Results

1) Generational Curses

- (1) _____
- (2) Not caring about people’s feelings

2) Other Results

- (1) Loves _____ and _____
- (2) Can be tenacious if they are focused on a goal
- (3) Don't _____ or explain themselves
- (4) Like to be in charge
- (5) Only way to disagree with a “D”: _____ on a _____ then choose a method to reach it

4. The Battle – true long-term productivity including people and _____

5. Career – _____ and authority

➤ **THE MAN - HIGH " I "**



1. **Outwardly recognized by**

- 1) _____
- 2) Standing out in a crowd

2. **Things Others Don't Realize About The "I"**

- 1) How desperately they have to have a _____ response
- 2) How _____ they are

3. **The Results**

1) **Generational Curses**

- (1) _____ too easily
- (2) _____ of anger, then forgetting their anger
- (3) Quickly _____ to conclusions

2) **Other Results**

- (1) Get _____ at your ideas or theirs
- (2) Reach out to strangers
- (3) _____ to help
- (4) Find humor in a catastrophe
- (5) Are _____
- (6) Find a creative compromise
- (7) _____ how you are feeling

4. **The Battle for the "I"** – To _____ what they start

5. **Career** – _____, leadership

➤ THE OX - HIGH " S "



1. **Outwardly Recognized** as

- 1) _____ - _____ (easy-going)
- 2) Pleasant
- 3) _____

2. **Things Others Don't Realize About The "S"**

- 1) Strength to be _____
- 2) Hate _____
- 3) Not as _____ as "C"
- 4) Not as _____ & _____ as the "D" & "I"
- 5) Not as _____ as an "I"
- 6) Not as overly _____ as "C" or "I"

3. **Results - Generational Curses**

- 1) Following others into _____/addictions
- 2) _____
- 3) Stubborn

4. **The Battle** for the "S" is for _____ and _____

(for a male s" it is important for his marriage & self-esteem to get a solid _____)

5. **How to Relate To An "S"**

Don't

- 1) Expect them to take _____
- 2) Expect them to be creative
- 3) Expect them to _____
- 4) Expect them to be ambitious

Do

- 1) Give them a structure
- 2) Give them _____
- 3) Give them appreciation
- 4) _____ them – don't push

6. **Career** – Preferably _____

➤ **Conclusion**

Knowing these things about yourself and your mate, how will you _____ to relate to them _____?

➤ **Couple Sharing**

1. Each of you take the 5 Minute DISC test and chart your results. (if not done previously)
2. Copy your mate's graph onto your sheet in a different color.
3. Ask each other "What can I do to show you that I respect/understand your unique personality?"

➤ **Questions and Comments** Please email your questions/comments to GTOCentral@marriages.net

➤ **Monthly Email Newsletter Signup and Donation Button located at** www.marriages.net