

More Secrets For Great Lovers *Experiencing Sexual Intimacy Series - Part 6*

➤ **Right Perspective Secrets (#1)**

Marriage should be honored by all, and the marriage bed kept pure.... (Hebrews 13:4)

1. Your sex life is _____.
2. A good sex life has great _____ for husbands and wives.
 - 1) Sexually fulfilled man = better husband, father & employee
 - 2) Sexually fulfilled woman = 7 benefits
3. Recognize God's _____ in the bedroom.

➤ **Stretching and Growing Secrets (#2)**

The mandrake flowers give their sweet smell, and all the best fruits are at our gates. I have saved them for you, my lover, the old delights and the new. (Song of Songs 7:13, NCV)

1. Appeal to all _____.
2. Keep adding new _____.

➤ **Transparent Communication Secrets (#3)**

Speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ. (Eph 4:15)

1. You can be sexually informed but woefully _____ about your mate.
2. _____ fights are one of the most common disagreements in marriage.

➤ **Affirmation Secrets (#4)**

I always thank my God when I pray for you, Philemon, because I keep hearing about your faith in the Lord Jesus and your love for all of God's people. Your love has given me much joy and comfort, my brother, for your kindness has often refreshed the hearts of God's people. (Philemon 1:4-5,7 NLT)

1. Foreplay begins in the _____.
2. You can't separate _____ oneness from _____ oneness

➤ **Enjoyment Secrets (#5)**

Be happy with the wife you married when you were young. She gives you joy, as your fountain gives you water. She is as lovely and graceful as a deer. Let her love always make you happy; let her love always hold you captive. (Proverbs 5:18-19, ESV)

1. Women tend to be _____ oriented. Men tend to be _____ oriented.
2. _____ yourself to go beyond your comfort zone.

➤ **Unselfishness Secrets (#6)**

Each of you should look not only to your own interests, but also to the interests of others. (Philippians 2:4)

1. God made men and women _____.
2. Avoid _____ and harmful practices.

➤ **Making Love Obvious Secrets (#7)**

The only thing that counts is faith expressing itself through love. (Galations 5:6b NIV)

1. Slow down your _____, step up your _____.
2. Husband, make sure your wife knows she is _____ and _____.
3. Wife, make sure your husband knows he is _____ and _____.

Love each other deeply [at full strength]. (1 Peter 4:8 NIV)

Most of all, love each other as if your life depended on it. (MSG) (1 Peter 4:8)

➤ **Conclusion**

Now that you know these things, do them. That is the path of blessing. (John 13:17 LB)

➤ **Couple Sharing**

1. Share with your mate the Secret you most want to improve on.
2. Ask your mate for the one sexual desire they most want you to fulfill.
3. Set a time this week to talk through these questions. Answer them first in your own minds, then share with each other.
 - (1) Does your spouse prefer candlelight, total darkness, mood lights, colored lights, or complete white light during lovemaking? Does she or he like to experiment with light? How?
 - (2) Does your spouse like any particular smells during lovemaking? Does she enjoy candles? What fragrance? Does he like any special perfume?
 - (3) What is your mate's favorite time of the day to make love? How often do you make room in your schedule to accommodate this time?
 - (4) Does your mate like you to talk during lovemaking? Make more noise? Do they want you to talk more before lovemaking? Would they prefer praying before or after lovemaking?
 - (5) Does your mate have a favorite massage lotion? Do they like the lotion heated or straight out of the bottle?
 - (6) Does your mate like to have fun during lovemaking, or are they more serious?
 - (7) What are your mate's three favorite places to be touched? Kissed?
 - (8) What lovemaking position is your mate's favorite?
 - (9) What is one sexual practice your mate would really like to try that the two of you haven't done yet?
 - (10) What is your mate's favorite sexual fantasy?
 - (11) What turns off your mate quicker than anything else?
 - (12) What is the most difficult thing to share with your mate about your lovemaking?

(These questions adapted from Kevin Leman's Sheet Music, Tyndale Publishing, pp. 192-193)