

CELEBRATING SEX
Experiencing Sexual Intimacy Series - Part 2

➤ **Celebrate the creation of Sexual Intimacy.**

1. God intended sexual intimacy for:

- ▶ _____ *For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh.* (Gen. 2:24)
Hear, O Israel: The Lord our God, the Lord is one. (Deut. 6:4)
- ▶ _____ *May your fountain be blessed, and may you rejoice in the wife of your youth.* (Prov. 5:18)
- ▶ _____ *God blessed them and said to them "Be fruitful and increase in number; fill the earth and subdue it..."* (Gen. 1:28)
- ▶ _____ of Christ and Church *Husbands, love your wives, just as Christ loved the church and gave himself up for her. "For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh." This is a profound mystery--but I am talking about Christ and the church.* (Eph. 5:25,31,32)

2. God declares sexual intimacy _____ *Marriage should be honored by all, and the marriage bed kept pure....* (Hebrews 13:4)

- ▶ " _____ " = coitus or sexual intercourse
- ▶ " _____ " or "undefiled" = completely free from any contamination.

➤ **How can we celebrate when we're so different?**

1. Sex Drive influenced by:

- ▶ _____ level changes.
- ▶ _____ differences
- ▶ Different emotional _____ *
- ▶ Change of _____

2. How to _____ to differing sexual needs:

- ▶ Start with _____.
- ▶ _____ the changes you need to make. (Lifestyle, careers, baby-sitting relief, etc.)
- ▶ _____ to lovingly meet one another's needs.

3. Continuing _____ is God's design

* For GTO's webinar on understanding your own and your mate's personality patterns, go to <http://www.marriages.net/online-marriage-workshops/ftym-series/recorded-ftym-webinars/139-different-personalities>

The overlooked phases of lovemaking:

- ▶ Phase 1: _____; *Like an apple tree among the trees of the forest is my lover...I delight to sit in his shade, and his fruit is sweet to my taste.* (Song of Songs 2: 3)
- ▶ Phase 4: _____; *My lover is to me a sachet of myrrh resting between my breasts.* (Song of Songs 1:13)

➤ Celebrate Sex By Understanding It

1. We're normal if we're normal.
 - ▶ 2 to 3 times per week may be _____, not *normal*.
 - ▶ *Normal* for you is how often making love is mutually _____.
 - ▶ *Normal* _____ throughout your life:
2. Is sex best if it is spontaneous or planned?
 - ▶ Spontaneity is highly _____.
 - ▶ Most women are like _____...they need to simmer.
 - ▶ Good encounters often take _____.
3. Are men's sex drives always stronger than women's?
 - ▶ Men _____ have stronger sex drives than women, but not always.
 - ▶ Men's batteries are not, and do not have to be, "_____."
 - ▶ Sexual desire therapy
4. Respect one another's need for _____.
 - ▶ Compartmental vs. Global
5. Should we give ourselves when our mate wants "IT?"

The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife. (1 Corinthians 7:3-4)
6. Be careful with teasing
 - ▶ Do not make _____ of one another. *Be kind and compassionate to one another ...* (Eph. 4:32a)
 - ▶ _____ vulnerability

➤ CONCLUSION

Remember love-making is a skill and skills get better when we practice them.

Now that you know these things, DO THEM. That is the path of blessing. (John 13:17 LB)