

**Sex: What You Can and Can't Do (Questions About Sex You Never Knew Who To Ask)**  
*Experiencing Sexual Intimacy Series - Part 7*

1. Is masturbation OK under any circumstances? When? Does the Bible say anything about it?

Guidelines for Sexual Behavior:

- 1) Does the \_\_\_\_\_ say anything about it?
- 2) Is it \_\_\_\_\_?
- 3) Do we feel \_\_\_\_\_ or guilt after we have finished?
- 4) Is it \_\_\_\_\_ agreed upon without pressure of any kind?
- 5) Are we being \_\_\_\_\_ with each other?
- 6) Is it \_\_\_\_\_?
- 7) Will it \_\_\_\_\_ me?

2. Is the use of massage type items acceptable?

3. How can a spouse communicate to their partner that certain things they do during foreplay really turns them off and makes them feel uncomfortable?

- 1) Ask God to help you talk about your concern with \_\_\_\_\_ and \_\_\_\_\_
- 2) \_\_\_\_\_ a time when you will not be interrupted or rushed.
- 3) Don't talk about it in \_\_\_\_\_.
- 4) Assure them of your \_\_\_\_\_ and desire to please them and \_\_\_\_\_ their love and desire to please you.
- 5) Talk in "\_\_\_\_\_." ("I feel this...." "I would be aroused if ...." **not** "You do this... or that.")
- 6) Ask your mate if there is something s/he would like you to do \_\_\_\_\_ that would give him/her more sexual pleasure.



9. What, if anything, is the Christian teaching on having a vasectomy?

10. When your sex life has been dead for an extended period of time, how do you do CPR? Does it almost require a counselor or third party to help with the rescue?

11. How much sex is too much sex?

12. What about making love during menstruation? Is the woman “clean” during that period and should we abstain from sex during that time?

➤ **Couple Sharing**

1. Each of you choose 1 of the 12 questions to discuss in more detail.

2. Pick a behavior you want God’s will about and go through the **Guidelines for Sexual Behavior** to test it.